

# A PATHWAY TO CHRISTIAN MATURITY

**KNOWLEDGE**  
(Know)

FACTUAL AND EXPERIENTIAL  
SPIRITUAL INFORMATION

**FACTUAL**  
Gained from the Scripture

**EXPERIENTIAL**  
Gained from living in God's world

What is God revealing thru the **original author** to the **original audience** about

**Journal Question:** His character, the human condition, the world system, redemption in Christ and the life of faith (commands, promises, principles, examples, warnings, etc.)?

**Leads To** ↑

**Psalm 119:100**  
I have more understanding than the elders, for I obey your precepts.

**ACTION**  
(Go)

EXTERNAL LIFESTYLE OF  
HABITUAL OBEDIENCE

1. Present Body as a Living Sacrifice
2. Personal Holiness
3. Seven-Fold obedience to God's commands:
 

1. Worship	4. Ministry to Believers
2. Spiritual Disciplines	5. Outreach to Unbelievers
3. Marriage, Family	6. Stewardship
	7. Work

**Journal Question:** Given my **renewed heart desires** of love and gratitude, how does God want me to **respond** with **worship** and **obedience**?

**Leads To** →

**Romans 10:17**  
So faith comes from hearing and hearing through the word of Christ.

**FAITH**  
(Believe)

ASSURANCE OF AND COMMITMENT  
TO SPIRITUAL TRUTH

- **Certainty** that specific invisible spiritual realities are true
- **Assurance** that things promised in Scripture will come true
- **Conviction** that each of my sins grieve God and will be judged.
- **Trust** and **Reliance** upon Christ as my All-Sufficient Savior, Refuge, Provider, and Shield
- **Reception** of spiritual guidance, knowledge

**Journal Question:** In light of what I now **know**, what does this **new truth** require me **to believe**?

**Leads To** ↓

**Ephesians 3:16-17**  
... that Christ may dwell in your hearts through faith.

**CHARACTER**  
(Grow)

INTERNAL NATURE  
CONFORMED TO CHRIST

**VIRTUES**  
What you are

**THOUGHT**  
What you think about

**AFFECTION**  
What you love/hate

**DESIRE**  
What you seek

**EMOTIONS**  
What you feel

**WILL**  
What you choose/reject

**Journal Question:** **Convinced** of this new truth, what does God want **my character** to become so it **conforms** to **Christ's**?

*Adapted from The K-F-C-A Cycle Understood and Applied, An Infinite Journey: Growing toward Christlikeness, Andrew M. Davis (Greenville, SC: Ambassador International, 2013), 415*

## Sample K-F-C-A Journal Entries

### Luke 4:1-13—The Temptation of Jesus

1. **KNOW:** What is God revealing thru **the ORIGINAL AUTHOR** to **the ORIGINAL AUDIENCE** about His character, the human condition, the world system, redemption in Christ and the life of faith (commands, promises, principles, examples, warnings, etc.)?
  - Luke wanted his readers to know that the devil seeks to destroy God’s people and thwart God’s plans for redemption and glory through His Son. His audience also needed to know that Jesus--God’s Son—was tempted by Satan (just like Adam was) and yet He did not give in to that temptation.
2. **FAITH:** In light of what I now **KNOW**, what does **this truth** require me to **BELIEVE**?
  - God wants me to trust that the word of God and “the Word made flesh” (Jesus) is stronger than sin, temptation and the devil and that Jesus has the wisdom and power to overcome sin in His own life and in mine (cf. Heb. 2:17-18; 4:14-16).
3. **CHARACTER:** **CONVINCED** of this **new truth**, how does God want **my character** to become **like Christ’s**? How should my *thoughts, affections, desires, emotions, decisions* **CHANGE**?
  - God wants me to be like Christ as I face temptation,
    - By thinking about and meditating upon God’s word before temptations arise.
    - By having an attitude of humility and dependence upon God (the first temptation Jesus faced).
    - By setting my affections upon God and worshipping and serving Him rather than myself (the second temptation Jesus faced).
    - By being alert against the false ideas of the world (even the twisting of Scripture!) and submitting to God’s will rather than attempting to test/manipulate God for my own gain (the third temptation Jesus faced).
4. **ACTION:** Given my *renewed heart desires* of love and gratitude, how does God want me to *respond* with **worship** and **obedience**?
  - God wants me to cultivate an attitude of submissive worship at all times. God wants me to memorize and meditate upon His word in order to use it to wage war against every temptation to sin and against every idea raised up against Him (cf. 2 Cor. 10:5).
  - I will work on memorizing and meditating upon two verses from Colossians each week.
  - **Ask Me:**
    - How consistent was I in memorizing and meditating on the two verses I chose from Colossians this past week?
    - How did the Scriptures—that I was meditating upon—help me to respond well to temptations this past week?

## Luke 8:22-25—Jesus Calms a Storm

1. **KNOW:** What is God revealing thru **the ORIGINAL AUTHOR** to **the ORIGINAL AUDIENCE** about His character, the human condition, the world system, redemption in Christ and the life of faith (commands, promises, principles, examples, warnings, etc.)?
  - Luke wanted his readers to know that the miracles Jesus performed prove that He is more than just a man.
2. **FAITH:** In light of what I now **KNOW**, what does **this truth** require me to **BELIEVE**?
  - God wants me to believe this miracle was an actual historical event, not just words on a page and that Jesus is indeed the Son of God.
3. **CHARACTER:** **CONVINCED** of this **new truth**, how does God want **my character** to become **like Christ's**? How should my *thoughts, affections, desires, emotions, decisions* **CHANGE**?
  - God wants me to fear Him more than I fear my circumstances. God wants me to choose to respond in faith rather than in fear when I am faced with situations that are beyond my control.
4. **ACTION:** Given my *renewed heart desires* of love and gratitude, how does God want me to *respond* with **worship** and **obedience**?
  - Every day I am faced with the same question that the apostles posed in the boat, “Who then is this, that He commands even winds and water, and they obey Him?” God wants me to worship His Son Jesus and to live every day in light of my answer to that question.
  - When my circumstances begin to create fear or anxiety within me, I must acknowledge and confess to God that I am responding in fear rather than in faith. Then I must choose to worship God and entrust myself and my circumstances into His all-powerful hands.
  - **Ask Me:** When I began to experience fear and anxiety this past week, how well did I:
    - a. respond in faith and entrust those circumstances to God?
    - b. give Him praise and thanks?